

Discourse On Love (2002)

adapted from a traditional Pali chant

The musical score consists of ten staves of music in common time, treble clef, and G major (two sharps). The lyrics are in English and are divided into four sections by measure numbers 4, 8, 12, 16, 20, 24, 27, 31, and 35. The lyrics are as follows:

4 He or she - who wants to a - ttain peace - should prac - tice being up -
right, hum - ble, and ca - pa - ble of u - sing lo - ving speech. He or she will know how
8 to live sim - ply and ha - ppi - ly, with sen - ses calmed, wi - thout being co -
12 ve - tous a - nd ca - rried a wa - y by the e - mo - tions
16 of the ma - jo - ri - ty. Let him or her not do a - ny - thing tha - t wi - ll
20 be di - sa - pproved of by the wise ones. (And this is what he or she con -
24 tem - plates:) May e - vry - one be ha - ppy and safe, a - nd may -
27 all hearts be filled - with joy. May all be - ings live in - se - cu - ri - ty and
31 in peace - be - ings who are frail or strong, tall or short, big or sma - ll,
35 in- vi - si - ble or vi - si - ble, who are near or far a - way, al - rea - dy bo - rn

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39

39
or yet to be bo - rn. May all of them dwell in per - fect tran - qui -

43
li - ty. Let no one do - harm to a - ny - one - . Let no

47
one put the life of - a - ny - one in - da - n - ger. Let no

51
one, out of an - ger or - ill - will, wish a - ny - one a - ny harm.

54
Just as a mo - ther loves and pro - tects her - on - ly child at - the risk of her own

58
life, cul - ti - vate bound - less love to o - ffer to all - li - ving beings -

61
in the en - ti - re cos - mos. Let our bound - less love per - vade the whole

64
3 u - ni - ve - rse, a - bove, be - low, and a cross - - - - -

67
Our love will know - no ob - sta - cles. Our heart will be ab - so - lute -

70
ly - free - from ha - tred and em - ni - ty. Whe - ther sta - n - ding or wal -

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73

king, si - tting or ly - ing, as long as we are a - wa - ke, we should main - tai - n

this mind - ful - ne - ss of love in our own heart. This is the no - bl -

est way of - li - - - - - ving - . Free from wrong vie -

ws, greed, and sen - sua - l de - si - re, li - ving in beau - ty and rea - li - zing per -

fect un - der - sta - n - ding, those who prac - tice bound - less love will cer - tain - ly -

tran - scand birth - and death. E - te - na sa - cca va - jje - na - so -
(By the firm determination of this truth, may you ever be well.)

tthi te ho - tu sa - bba da - . E - te - na sa - cca va - jje - ne - so -

tthi te ho - tu sa - bba da - . E - te - na sa - cca va - jje - na - so -

tthi te ho - tu sa - bba da - .