

We are becoming



When I drink tea it's very pleasant to be aware I am drinking cloud.

What happens when you die?

Thich Nhat Hanh

In order to answer what happens us when we die, we need to answer another question – what happens when we are alive?

What is happening now to us? In English we say 'we are' but it's proper to say 'we are becoming' because things are becoming.

We're not the same person in two consecutive minutes.